



ANZCA
FPM

Annual Report

2019



AUSTRALIAN AND NEW ZEALAND
COLLEGE OF ANAESTHETISTS
& THE FACULTY OF PAIN MEDICINE

Contents

President's message	2
CEO's report	4
Awards, prizes and honours	6
ANZCA Strategic Plan 2018-2022	8
Goal 1: Leading professional identity and perioperative medicine	10
Goal 2: Growing lifelong education, training and professional support	12
Goal 3: Driving research and quality improvement	16
Goal 4: Supporting our workforce and wellbeing	18
Dean's report	20
FPM Strategic Plan 2018-2022	24
Goal 1: Expand multi-disciplinary pain services across regional and metropolitan Australia and New Zealand	26
Goal 2: Position FPM as the trusted source of expertise in addressing the societal impact/problem of pain	28
Goal 3: Develop our role as a world leader in pain medicine research	30
Goal 4: Enhance the suite of FPM educational offerings in Australia, New Zealand and internationally	32
Honorary treasurer's report	34
Discussion and analysis of the financial statements extract	36
Financial statements extract	37
Contact information	40

President's message

The year 2019 marks the second year of ANZCA's 2018-2022 strategic plan and I am pleased to report the college is progressing towards each of the stated strategic objectives.

We remain committed to promoting equitable access to safe anaesthesia and pain medicine, including in rural and remote communities, marginalised communities, and low income countries. ANZCA is a strong supporter of both the Australian Indigenous Doctors' Association and Te Ora and we are mindful of the continuing challenges facing the health of our First Peoples, and the commitment of those who are seeking to address them. Our college has established a new network for Māori fellows and trainees, and we are progressing how ANZCA can recognise New Zealand's official bilingual and bicultural status.

Work is continuing on our multidisciplinary perioperative medicine (POM) initiative, including developing a curriculum framework for the new qualification, and identifying and defining models of care. There has been much discussion around the differing needs of trainees from anaesthesia and other specialties, and these are being carefully acknowledged and incorporated into the curriculum framework. We had more than 500 delegates at the Brisbane POM Special Interest Group meeting, including colleagues and speakers from anaesthesia, geriatrics, internal medicine, rehabilitation medicine, surgery, intensive care, general practice and pain medicine.

Formal Australian recognition of ANZCA's training program for over 1700 anaesthesia and pain medicine trainees and specialist international medical graduates (SIMGs) was confirmed in 2019 with the Australian Medical Council. This extends the accreditation of the college's training program in anaesthesia and the Faculty of Pain Medicine's training program in pain medicine, including the continuing professional development programs, to 31 March, 2023. This involved an enormous amount of work by the college staff, for which I am truly grateful.

We continue to inform our fellows and trainees on important patient safety issues through our Safety and Quality Committee. These included the distribution of information about the potential risks posed by the introduction of new standards relating to neural device connectors in Australia and New Zealand, promoting awareness of the new SGLT2 class of medication, and risks of anaphylaxis associated with the use of chlorhexidine.

2019 marked 10 years since the web based anaesthetic incident reporting system (WebAIRS) first received

incident reports. The college has now commissioned an independent functional review of webAIRS to examine achievements to date and consider future intent.

Key college strategies in Indigenous health and overseas aid in 2019 have further enhanced ANZCA's leadership and ensures the college continues to make a meaningful contribution to the delivery of safe and high quality clinical care.

The college launched a new Health Equity Projects Fund in 2019 to support the activities of the Overseas Aid and Indigenous health committees. The inaugural funding round enabled support for formal education initiatives in Timor Leste and Namibia, and funded a group of six specialists and health professionals from the Royal Adelaide Hospital to attend the PNG symposium, where they delivered anaesthesia and Essential Pain Medicine education sessions.

ANZCA consolidated many of its Indigenous health initiatives in 2019. We have worked with the National Aboriginal Community Controlled Health Organisation (NACCHO) and Specialist Training Program (STP) sites to deliver a pilot Essential Pain Management (EPM) initiative to local Aboriginal health services in Darwin, Townsville and Bunbury.

Our Indigenous prevocational doctor advice service was launched in July and we now have a number of members who are willing to have their details passed onto prospective Indigenous trainees seeking advice and tips about a career in anaesthesia or pain medicine.

College fellows also continue to excel in anaesthesia and pain medicine research. The ANZCA Research Foundation announced \$A1.675 million in 2019 for research projects to support improvements in safety and quality of anaesthesia, pain medicine and perioperative medicine.

Many of our fellows and trainees found themselves on the frontline of a series of tragedies and disasters in Australia and New Zealand in 2019. It was with profound shock and sadness that we learned of the Christchurch shootings on March 15, and the White Island volcanic eruption in December similarly tested the capacity of the NZ emergency hospital system and its specialists. We are deeply grateful for the professionalism displayed by our colleagues in dealing with these tragedies.



“Many fellows and trainees have taken an active role in developing their own “war on waste” initiatives in individual hospitals and practices.”

In Australia, the human, wildlife and environmental toll from the devastating bushfires brought home to many of us the consequences of climate change on our planet. In 2019 ANZCA Council made a commitment to promote environmental sustainability by approving the *PS64 Statement on Environmental Sustainability in Anaesthesia and Pain Medicine Practice*. This was followed by the establishment of an ANZCA Sustainability Working Group. The group will focus on sustainability within the college, along with gathering information on associated activities undertaken in hospital departments across Australia and New Zealand. Many fellows and trainees have taken an active role in developing their own “war on waste” initiatives in individual hospitals and practices.

Our college only achieves its goals through the generosity of those colleagues who continue to volunteer their time and expertise to college activities and professional development, and we are most grateful to you all.

Finally I would like to acknowledge the enthusiastic support of our fellows and trainees in Australia and New Zealand for yet another successful National Anaesthesia Day. With more than 50 hospitals and anaesthesia practices supporting the event on 16 October our fellows and trainees made the most of the opportunity to promote our specialty to the community.

The positive feedback we received along with your social media engagement for ANZCA's 2019 National Anaesthesia Day shows just how highly you value the opportunity to share and celebrate your practice.

Dr Rodney Mitchell
ANZCA President

CEO's report

In this, our second year of ANZCA's and FPM's five-year strategic plans, the breadth and depth of work undertaken by the college has been impressive.

In 2019 we ran 47 scientific meetings throughout Australia, New Zealand and our annual scientific meeting in Kuala Lumpur to support the professional development of our college fellows and trainees. We continue to promote our profession in the media through initiatives such as National Anaesthesia Day and through our high-level discussions and meetings with Australian and New Zealand governments.

The 2019 ANZCA Annual Scientific Meeting (ASM) in Kuala Lumpur and FPM's newly named Annual Pain Medicine Symposium were great successes with more than 2200 delegates and 400 speakers and strong media coverage in Australia and New Zealand. The "New worlds come explore" theme of our international meeting was co-badged with the Royal College of Anaesthetists (UK), the College of Anaesthesiologists of Ireland and the College of Anaesthesiologists, Academy of Medicine Malaysia. As our flagship event for scientific education, the ASM and FPM Symposium continue to be well supported by fellows.

As part of our ongoing commitment to international collaboration and engagement the ASM was an opportunity for our Malaysian and Hong Kong partners to join us and hold fruitful discussions to strengthen our relationship. At the FPM Spring Meeting in Byron Bay we signed a memorandum of understanding (MOU) with The Hong Kong College of Anaesthesiologists, further strengthening our close partnership and support for our respective colleges.

Another MOU supporting a grant for a collaborative research study co-funded by ANZCA and the Royal College of Anaesthetists' *British Journal of Anaesthesia* was also signed by the two colleges. The agreement will provide a valuable opportunity for ANZCA research fellows to participate in a high-quality international research collaboration.

ANZCA's training program goes from strength to strength with three working groups continuing their work to further evolve the program in education skills, accreditation and learning environments and competence based medical education assessment. In 2019 there were more than 40 training site accreditation visits and we continued to develop our extensive suite of online support resources. The college also engaged with regional training hubs around Australia. Funded by the Australian government's Department of Health, the 26 hubs in regional and rural Australia are key stakeholders in the development and support of rural training pathways.

We continued to collaborate with a range of stakeholders on several areas of mutual interest. ANZCA's perioperative medicine (POM) Steering Committee and associated working groups recognise the importance of collaborative engagement with medical colleges and key influential decision making health care leaders as we consolidate our plans for the Perioperative Medicine qualification. A

new communique was prepared for distribution to more than 200 stakeholders, information articles were also included in the *ANZCA Bulletin* and the perioperative medicine web page was updated.

Closer to home, ANZCA has established new relationships and strategic alliances. The college accepted an invitation to become a member of the National Rural Health Alliance, an incorporated association of more than 40 member bodies including consumer groups, the Aboriginal and Torres Strait Islander health sector, health professional organisations and service providers. I'm also pleased that ANZCA is now a member of the Australian Healthcare and Hospitals Association (AHHA). This is the peak body for public health in Australia and we will benefit from having a peak body "voice" should we need it on matters relating to public policy and promoting the work of ANZCA in relation to patient safety and quality of care.

Our media profile continued to grow with ANZCA and FPM fellows' research and expertise highly sought after in Australia and New Zealand. The 2019 National Anaesthesia Day on 16 October was again a great success and we launched "Preparing for your anaesthesia", the second in our series of animated patient information videos. More than 50 hospitals and practices in Australia and 36 in New Zealand participated with #NAD19 champions organising a diverse range of activities and displays. Off shore, the day was also celebrated by anaesthetists in PNG, Timor Leste and the American University Hospital in Beirut who contacted us after seeing our collection of resources on the website. The combined audiences who read articles and heard radio broadcasts based on our four #NAD19 media releases totalled more than two million people in Australia and New Zealand.

In 2019 the ANZCA Library continued to provide essential online access to hundreds of medical journals and thousands of e-books, and expert assistance for fellows and trainees. The library now provides an online library service to fellows and trainees of the College of Intensive Care Medicine (CICM) extending the collaborative relationship between the two colleges and specialties. A library guide of books, journals and other resources are also available to anaesthetists working in the Asia Pacific region including Papua New Guinea and Fiji to improve their access to medical information. Our library staff performed more than 150 literature searches, a 25 per cent increase from 2018, for fellow and trainee queries.

The college implemented a new records management program. The program enhances previous policies and ensures that information is organised, secure, and compliant. The benefits of a records management program include a reduction in time, effort, space, and cost of managing information, benefiting fellows and the public with timely and relevant responses to enquiries.



The college's commitment to gender equity continued with the launch of its Gender Equity Position Statement and other resources on International Women's Day, on 8 March 2019. ANZCA's Geoffrey Kaye Museum of Anaesthetic History, which was highly commended in the Victorian Museum and Galleries Awards for its exhibition *The Rare Privilege of Medicine: Women Anaesthetists in Australia and New Zealand*, also celebrated International Women's Day with a one-day history symposium on women and medicine. At the Tri-nation Alliance International Medical Symposium, held in Auckland in March 2019, ANZCA President Dr Rod Mitchell and my predecessor John Ilott joined their counterparts from the Royal Australasian College of Surgeons, the Royal Australian and New Zealand College of Psychiatrists, the Royal Australian College of Physicians and the Royal College of Physicians and Surgeons of Canada to sign the UN Women's Empowerment Principles.

ANZCA continued to provide support for doctors' health and wellbeing, including the provision of free telephone counselling services for fellows, trainees and specialist international medical graduates and their families. The college has successfully delivered and launched a series of mentoring videos available to fellows, trainees and SIMGs. These e-learning resources are designed to support existing hospital mentoring schemes by providing a training framework for mentors and mentees in anaesthesia and pain medicine.

There has been a positive response to the workplace-based assessment (WBA) relaunch project with more than 75 WBA workshops delivered across a number of training sites. The college is continuing to liaise with the Medical Board of Australia and the Medical Council of New Zealand over the development of the new Professional Practice Framework (including CPD).

The college's Safety and Advocacy Unit continued its ongoing work to better position ANZCA and FPM as key stakeholders and the leading voice in Australia and New Zealand on anaesthesia and pain medicine issues. ANZCA participated in more than 90 meetings with government and non-government stakeholders and made 40 submissions to government and agencies in Australia and New Zealand. Strategic meetings were organised throughout the year between federal and state health ministers and health officials in Australia and New Zealand involving both ANZCA and FPM.

College staff participated in a number of Australian government Department of Health workshops and forums to define the scope of a new National Medical Workforce Strategy. The strategy is being developed in collaboration with the Medical Workforce Reform Advisory Council and is due to be finalised in late 2020. The college and the Australian Society of Anaesthetists entered into an agreement with the Australian Digital Health Agency to support communications around the rollout of My Health Record to ensure their relevance and accessibility for anaesthetists.

On behalf of the tripartite Anaesthesia Continuing Education (ACE), we managed a successful series of special interest group meetings (SIGs) with more than 4010 registrations and other continuing medical education events in the Australian regions and New Zealand. ANZCA and the New Zealand Society of Anaesthetists in partnership with the Joint Anaesthesia Faculty Auckland conducted a successful 2019 New Zealand Anaesthesia Annual Scientific Meeting in Queenstown.

The college's website design and branding refresh is well under way. Work is continuing on transferring content from the current ANZCA and FPM websites to the new, combined site. The first stage of the new redesigned website will be launched in 2020 after testing and the second stage, including the customised member dashboard, will follow.

The 2019 edition of the highly sought after *Australasian Anaesthesia 2019* was released in print and on the ANZCA website as the last "Blue book" under editor Dr Richard Riley's stewardship.

The college's 2019 \$A5000 Anaesthesia and Pain Medicine History and Heritage Grant was awarded to Dr Terry Loughnan for a series of oral history interviews to highlight ANZCA's relationship with anaesthesia training in PNG.

We cannot ignore the fact that environmental sustainability is now a key concern for many of our fellows, trainees and staff. College staff have embraced a raft of measures to progress environmental initiatives to limit our carbon footprint and many fellows and trainees are implementing their own hospital-based or private practice initiatives. The college has already moved to omit satchels and inserts from the ASM and other ANZCA/FPM-run events, eliminate printed documents at all events and reducing waste where possible, participate in carbon emission offset schemes, replace halogen lights with energy efficient LED lighting, move annual subscriptions and council election documents to online communication, recycle globes, batteries, printer cartridges, paper and cardboard and co-mingle waste collection and composting.

On a final note I would like to acknowledge the service of the three ANZCA councillors who retired in 2019 – Past President Dr Genevieve Goulding, Dr Richard Waldron and Dr Patrick Farrell and two FPM Board members, Immediate Past Dean Dr Chris Hayes and Associate Professor Paul Gray.

I would also like to thank my predecessor John Ilott who retired in October 2019, the ANZCA staff and the many fellows and trainees for their commitment and dedication to the college.

Nigel Fidgeon
ANZCA Chief Executive Officer

Awards, prizes and honours

ANZCA AND FPM AWARDS IN 2019

ANZCA Medal

Awarded at the discretion of the ANZCA Council in recognition of major contributions to the status of anaesthesia, intensive care, pain medicine or related specialties.

Dr Richard “Harry” Harris, SC, OAM

Robert Orton Medal

ANZCA's most prestigious award is made at the discretion of the ANZCA Council, the sole criterion being distinguished service to anaesthesia.

Associate Professor Charles Roger Goucke, AM

Gilbert Brown Prize

Awarded to the fellow judged to make the best contribution to the free research paper session named the Gilbert Brown Prize session at each annual scientific meeting.

Dr Verna Aykanat

Trainee Academic Prize

Awarded to the trainee, provisional fellow or fellow within one year of receiving the diploma of fellowship, who is judged to make the best contribution at the Trainee Academic Prize session held as part of the annual scientific meeting.

Dr Jee-Young Kim

FPM Dean's Prize

Awarded for original work in the field of pain, presented in the FPM Dean's Prize/Free Paper session at the annual scientific meeting, and judged to be a significant contribution to pain medicine and/or pain research.

Dr Raj Anand

FPM Best Free Paper Award

Awarded for original work judged to be the best contribution to the FPM Dean's Prize/Free Paper session at the annual scientific meeting.

Dr Sau Ching Stanley Wong

Dr Ray Hader Award for Pastoral Care

Awarded to an ANZCA fellow or trainee who is recognised to have made a significant contribution to the welfare of one or more ANZCA trainees in the area of pastoral care.

Dr Susan Nicoll

Steuart Henderson Award

Awarded to a fellow who has demonstrated excellence and provided outstanding contribution, scholarship, and mentorship to medical education in the field of anaesthesia and/or pain medicine.

Associate Professor Kersi Jalejar Taraporewalla

Renton Prize

The Renton Prize is awarded to the candidate obtaining the highest marks in the primary examination for fellowship of ANZCA.

Nathaniel John Hiscock, Andrew Burch, Stuart Watson

Cecil Gray Prize

The Cecil Gray Prize is awarded to the candidate obtaining the highest marks in the final examination for fellowship of ANZCA.

David Milder, Craig Morrison

Australia Day honours

Dr Richard “Harry” Harris was the joint recipient of the 2019 Australian of the Year award.

Professor Michael Davies, Dr Penny Briscoe and **Professor Milton Cohen** were made members (AM) in the general division of the Order of Australia. **Dr Christopher Dodds** and **Dr Christopher John Lowry** were awarded medals (OAM) of the Order of Australia.

Queen's Birthday Honours

Emeritus Professor Maree Therese Smith was made a Companion of the Order of Australia (AC).

Dr Lindy Jane Roberts, Dr Christine Mary Ball, Dr Richard Priestley Lee, Dr Peter Edgeworth Lillie, Dr Colin George Merridew, Brigadier Michael Charles Reade and **Dr David Richard Smart** were made members (AM) in the general division of the Order of Australia.

Dr Gregory Francis O'Sullivan, Dr Penelope Clare Stewart and **Dr Vida Viliunas** were awarded medals (OAM) in the general division of the Order of Australia.

DISTRIBUTION OF WORKFORCE

The geographical distribution of active ANZCA and FPM fellows at December 31, 2019:

	ANZCA	FPM
Australia	4986	339
New Zealand	782	37
Hong Kong	213	17
Singapore	88	11
Malaysia	38	1
Other	145	22

There were 302 new ANZCA fellows and 18 new FPM fellows admitted in 2019.

TRAINING FIGURES

A total of 190 ANZCA and 7 FPM new fellows were presented with fellowship at the 2019 College Ceremony at the ANZCA ASM held in Kuala Lumpur in May. ANZCA admitted a total of 302 new anaesthesia fellows in 2019. In the first sitting of the final exam, 170 candidates were successful. In the second sitting, 85 candidates were successful. In the first sitting of the primary exam, 111 candidates were successful. In the second sitting, 151 candidates were successful. Assessment of 60 new specialist international medical graduate (SIMG) applications in Australia and 15 in New Zealand were undertaken. There were two new area of need applications, and 52 SIMGs have gained fellowship.

ANZCA Council



ANZCA Council, from left:

Associate Professor Deb Wilson
Dr Chris Cokis
Dr Nigel Robertson
Dr Vanessa Beavis (ANZCA Vice-President)
Dr Scott Ma
Dr Meredith Craigie (FPM Dean)
Dr Sean McManus
Dr Rodney Mitchell (ANZCA President)
Professor David A Scott
Dr Michael Jones
Dr Rowan Thomas
Dr Christine Vien (New Fellow Councillor)
Mr John Ilott (CEO, retired October 2019)
Associate Professor Leonie Watterson

ANZCA Strategic Plan 2018-2022



For the full version of the ANZCA Strategic Plan 2018-2022 visit www.anzca.edu.au/documents/anzca-strategic-plan-2018-2022.pdf

GOAL 1:

LEADING professional identity and perioperative medicine

ANZCA will LEAD the promotion of the professional identity of anaesthesia and pain medicine specialties and the development of an effective, integrated and collaborative perioperative care model.

PERIOPERATIVE MEDICINE

- Mapping the patient journey – starting and ending with the primary referrer – was a key focus. This will contribute to our goal of developing a viable model of perioperative care that can be adopted by health systems to improve patient outcomes.
- The Perioperative Care Working Group has developed a perioperative care framework to facilitate a systematic approach to the development of perioperative medical services.
- The Perioperative Medicine Education Group has finalised a broad curriculum framework for a qualification in perioperative medicine.
- Networks of specialists who have an interest in perioperative medicine have been formed in New Zealand and some Australian states. They include representatives from major teaching hospitals and discuss education and quality improvement.

PROFESSIONAL IDENTITY

- The Geoffrey Kaye Museum of Anaesthetic History expanded its outreach program by holding a women and medicine symposium on International Women's Day, with the museum curator invited to present on uncovering stories about the history of women in medicine. The museum also hosted a group of delegates from the international surgical students' conference for an exclusive tour and presentation.
- The museum's honorary curator, Dr Christine Ball, was named the Wood Library-Museum laureate, the Ben Barry medallist, and became Adjunct Associate Professor at Monash University. She was also appointed a Member of the Order for Australia (AM).
- The museum was highly commended in the 2019 Museums and Galleries National Awards and the 2019 Victorian Museum Awards for the exhibition *The Rare Privilege of Medicine: Women Anaesthetists in Australia and New Zealand*.
- An oral history interview with fellow Dr Michael Cooper was recorded in November discussing his work in Papua New Guinea.
- The 2019 History and Heritage grant was awarded to Dr Terry Loughnan for a history project examining the long standing relationship between ANZCA and anaesthesia training in Papua New Guinea.

GOAL 2:

GROWING lifelong education, training and professional support

ANZCA will GROW education, training and professional support for fellows, specialist international medical graduates (SIMGs) and trainees by investment in resources and technology and key collaborations.

LIFELONG EDUCATION AND TRAINING

- There were more than 4010 registrations for seven special interest group (SIG) meetings, 33 regional (including FPM continuing medical education (CME) events) and New Zealand scientific meetings, the FPM Spring Meeting and the FPM Symposium, meetings of the Clinical Trials Network, the Australian and New Zealand Anaesthetic Allergy Group (ANZAAG), Shared Decision Making (SDM) workshop, and Perioperative Exercise Testing (CPET) and Training (Prehabilitation) Course.
- In Australia, ANZCA provided support for 38 regional committee meetings, 19 CME committee meetings, 29 trainee committee meetings and 15 FPM committee meetings.
- ANZCA's regional Australian offices ran 24 CME events in 2018 with 1990 registrations and 57 regional training courses with 1796 registrations.
- In New Zealand, ANZCA provided support for three national committee meetings, four trainee committee meetings, two NZ trainee committee and supervisors of training meetings, and three FPM NZNC meetings.
- ANZCA's New Zealand office ran six CME events in 2019 with 286 registrations.
- ANZCA managed 916 continuing professional development (CPD) participants, a 99.8% completion.
- Nine diving and hyperbaric medicine (DHM) tailored CPD handbook appendices and a clinical audit sample were introduced.
- Four changes to the ANZCA CPD Standard were introduced including a new emergency response activity for Cardiac arrest – Specialist Pain Medicine Physicians (SPMP) requiring Advanced Life Support (ALS) and a new CPD plan question for participants to support their own health and wellbeing.
- The highly successful "New worlds come explore" ANZCA annual scientific meeting (ASM) in Kuala Lumpur was co-badged with the Royal College of Anaesthetists (UK), the College of Anaesthesiologists of Ireland and the College of Anaesthesiologists, Academy of Medicine Malaysia. More than 2200 delegates attended and there were 400 speakers (including facilitators), seven plenary sessions, 38 concurrent sessions, 136 workshops and master classes, and 181 e-posters.
- The ANZCA Educators Program attracted 227 fellows and trainees and 28 Malaysian fellows in Kuala Lumpur, equipping clinicians with the skills and knowledge to teach.
- 255 ANZCA trainees successfully passed the fellowship examination. Of these 213 were from Australia, 41 from New Zealand and one from the affiliated training regions.

PROFESSIONAL SUPPORT

- 2019 marked 10 years since webAIRS first received incident reports. The college has commissioned an independent functional review of webAIRS to examine achievements to date and consider future intent. The findings of the review will be considered by the tripartite partners in 2020.
- Three professional documents were approved by ANZCA Council and published as final versions: *PS63 Guideline for safe care for patients sedated in health care facilities for acute behavioural disturbance*; *PS64 Statement on environmental sustainability in anaesthesia and pain medicine practice*; and *A01 Policy for the development and review of professional documents*.
- Three professional documents were released for a 12-month pilot period: *PS06 Guideline on the anaesthesia record*; *PS29 Guideline for the provision of anaesthesia care to children*; and *PS43 Guideline on fatigue risk management in anaesthesia practice*.
- New professional documents being developed include: *PS66 Guideline on the role of the anaesthetists in commissioning medical gas pipelines* is in development; and *PS67 Professional document on end-of-life care for patients scheduled for surgery*.
- Professional documents under review (pre-pilot) include: *PS09 Guideline on sedation and/or analgesia for diagnostic and interventional medical, dental or surgical procedures*; *PS26 Statement on informed consent for anaesthesia or sedation*; *PS55 Recommendation on minimum facilities for safe administration of anaesthesia in operating suites and other anaesthetising locations*; and *PS56 Guideline on equipment to manage a difficult airway during anaesthesia*.
- Professional documents under review (post-pilot) include: *PS02 Statement on credentialing and defining the scope of clinical practice in anaesthesia*; *PS04 Statement on the post-anaesthesia care unit*; and *PS65 Guideline for the performance assessment of a peer*.
- Fifty-five fellows and other subject matter experts volunteered their time as members of professional document development groups.
- The 2019 National Anaesthesia Day on 16 October was again a great success with more than 50 hospitals and practices in Australia and 36 in New Zealand participating with #NAD19 champions organising a diverse range of activities and displays. The combined audiences who read articles and heard radio broadcasts based on our four #NAD19 media releases totalled more than two million people in Australia and New Zealand.
- ANZCA launched its second animated patient information video "Preparing for your anaesthesia" for fellows, trainees and other health workers to use with patients.
- Nine safety alerts were uploaded to the ANZCA website and promoted to fellows and trainees via ANZCA publications and social media.
- A number of safety and quality issues arose during the year that required engagement with fellows, trainees, regulatory authorities and manufacturers, including potential risks to patient care posed by the introduction of new compliant neural device connectors in Australia and New Zealand and clarification with the Therapeutic Goods Administration around the labelling, use and supply of products containing chlorhexidine.
- A joint advisory statement on the safe storage of propofol in clinical settings was developed that was supported by the New Zealand Ministry of Health and the Health Quality and Safety Commission New Zealand.
- An Airway Leads Network was established in Australian hospitals following the inaugural meeting of New Zealand airway leads in 2018.
- ANZCA commenced providing an online library service to fellows and trainees of the College of Intensive Care Medicine (CICM), extending the collaborative relationship between the two colleges and specialties.
- A library guide of books, journals, and other resources available to anaesthetists working in Asia Pacific areas such as Papua New Guinea and Fiji was developed to increase the access to high quality and authoritative medical information.
- About 284,000 items were viewed in 2019 and there is improved access to the online library collection which is now discoverable via Google Scholar.
- ANZCA library staff performed over 150 literature searches (a 25 per cent increase from 2018) for fellow and trainee queries related to patient care, research, professional development, and training, as well as evidence to support college educational initiatives and professional document.
- As an active member of Gratisnet, the ANZCA Library saved, on average, \$A27,000 by sourcing articles requested by fellows and trainees that were not held by the library.
- ANZCA implemented a new records management program that enhances previous policies and ensures that information is organised, secure, and compliant.

Professional support (continued)

- Back issues of the *ANZCA Bulletin* are now available in an indexed, searchable format online through the Informit database practitioners.
- The college distributed 27 media releases and statements reaching nearly 15 million readers and listeners across print, broadcasting and digital platforms aimed at promoting anaesthesia and pain medicine. They promoted research studies, including commentary from fellows on key medical issues and profiled fellows in Australia and New Zealand.
- The joint winners of the 2018 ANZCA Media Award were announced in early 2019. The ABC's Alison Branley and Rebecca Armitage and reporters Liam Mannix and Aisha Dow of *The Age* all shared the award.
- Our social media reach continued to expand with our Facebook following growing by a thousand – from 4882 followers to 5882. Our most popular post in 2019 was the live broadcast of the College Ceremony, which was seen by nearly 13,000 people around the world; more than three times as many as the previous year. The video was commented on, reacted to, or shared 6000 times. We have also continued to help set up a range of closed Facebook groups for trainees and fellows.
- There are 6600 people following our ANZCA Twitter account – a growth of more than 30 per cent. More than a thousand people engaged with the ASM via Twitter, making nearly 9000 tagged tweets over the five days.
- The number of people subscribing to our YouTube channel has grown by more than 230 per cent, to 500.

DATA SAFETY

- The college has partnered with an external cyber security specialist to help align its information security practices against international security and risk management systems. The partnership has enabled the college to expand its information technology team to include an outsourced security operations centre that actively monitors and responds to potential information security threats to the college.



INTERNATIONAL ENGAGEMENT

- The college launched a new Health Equity Projects Fund to support the activities of the Overseas Aid Committee and Indigenous Health Committee, with successful applicants supporting vocational training visits in Papua New Guinea and the World Federation of Societies of Anaesthesiologists' (WFSA) Fund-a-Fellow program.
- The college and the WFSA successfully registered the Essential Pain Management (EPM) name and logo as a trademark in Australia.
- Two teaching visits to Papua New Guinea occurred in 2019 and a number of fellows including ANZCA President Dr Rod Mitchell presented and attended workshops at the 2019 PNG Annual Medical Symposium. For the first time the college hosted a joint booth at the symposium with the Royal Australasian College of Surgeons.
- Overseas Aid committee member Dr Yasmin Endlich led a team of five colleagues to facilitate a series of basic and advanced life support, airway management, neonatal resuscitation and ultrasound technique simulation workshops along with EPM workshops as part of the Society of Anaesthetists of Papua New Guinea annual meeting.
- Three awards to PNG medical students were made during the symposium.
- Papua New Guinea anaesthetist Dr Pauline Wake completed her ANZCA International Scholarship at the Children's Hospital in Adelaide. The Victorian Anaesthetic Services scholarship to attend the ANZCA ASM was awarded to Namibian anaesthesiologist Theresia Shivera.
- ANZCA participated in an in-country community needs assessment in Papua New Guinea which will inform both an application to Rotary International for a multi-year global grant, as well as the committee's future vocational training in the country.
- In collaboration with Interplast Australia and New Zealand the college is funding the Centre for Injury Prevention and Research Bangladesh to evaluate the EPM program in Bangladesh.
- Lifebox Australia and New Zealand was supported by a \$A5000 annual donation and other fund-raising.

GOAL 3:

DRIVING research and quality improvement

ANZCA will DRIVE a culture of research and quality improvement through funding and supporting research, academic anaesthesia and researchers across Australia and New Zealand and sustaining ANZCA's global leadership in high quality research.

RESEARCH

ANZCA research grants

- Through the ANZCA Research Foundation, ANZCA provided \$A1.675 million in ANZCA Research Committee peer-reviewed grant funding for studies in anaesthesia, perioperative and pain medicine in 2019.
- The committee made grant funding commitments in 2019 totalling \$A1.66 million for research grants in 2020, including the Academic Enhancement Grant, 19 new project grants, six continuing project grants, the 2020 Simulation/Education Grant, three novice investigator grants and the pilot grant scheme administered by the ANZCA Clinical Trials Network.
- In the 2020 research grant funding process, first-time applicants and female principal investigators applicants were significantly more successful, in terms of proportions of all grant applicants, than these groups were in 2019.
- Thirty two completed studies which had previously received funding grants through ANZCA and the ANZCA Research Foundation were published in leading peer-reviewed medical journals.
- The ANZCA Melbourne Emerging Researcher Scholarship and the ANZCA Melbourne Emerging Anaesthesia Researcher Award, established through the benefaction of ANZCA Research Foundation Life Patron Dr Peter Lowe, were awarded to Dr Sebastian Corlette and Dr Steven McGuigan.

Newly established grants

- Collaborative research grants from the Medibank Better Health Foundation were received for two new research studies: regional anaesthesia for major joint replacement and unplanned critical care admissions (Professor Philip Peyton, \$A49,950) and patient outcomes and private health insurer data and informatics (Professor David Story, \$A49,399).
- ANZCA, the *British Journal of Anaesthesia* and Royal College of Anaesthetists developed a new co-funded research grant for a project in anaesthesia, perioperative medicine or pain medicine, to be available from 2020 for a research collaboration between researchers in the UK, Australia and New Zealand.
- The second biannual CSL Behring ANZCA Research Award of \$A80,000 was allocated to Associate Professor Laurence Weinberg for a study in microvascular protection before major abdominal surgery, to commence in 2020.
- The inaugural Darcy Price ANZCA Regional Research Award was developed in conjunction with the Waitemata District Health Board in Auckland in memory of Dr Darcy Price, and awarded to Dr Wais Sekandarzar for study on erector spinae block for rib fracture pain.

ANZCA Clinical Trials Network

- The Balanced Anaesthesia Study was completed after 10 years of intensive work. The results, published in *The Lancet*, delivered the first ever definition of a broad range of anaesthetic depth which anaesthetists can safely apply to patients.
- The RELIEF trial (restricted versus liberal fluid regimens) was a finalist in the 2019 Australian Clinical Trials Alliance Trial of the Year awards.
- Recruitment of 8880 patients for the multicentre PADDI trial (dexamethasone and surgical site infection) was completed.
- The TRIGS trial (tranexamic acid and surgical site infection) led by Professor Paul Myles received \$A5.2 million from the Australian National Health and Medical Research Council.
- The MASTERSTROKE study (blood pressure management during thrombectomy) led by Dr Doug Campbell received \$NZ490,000 from the Auckland Medical Research Foundation.

GOAL 4:

SUPPORTING our workforce and wellbeing

ANZCA will SUPPORT the sustainable growth of a diverse, high quality and healthy anaesthesia and pain medicine and staff workforce so all communities in Australia and New Zealand have access to high quality anaesthesia, pain medicine and perioperative services, provided by clinicians who are supported both personally and professionally.

WORKFORCE PLANNING

- ANZCA staff and fellows participated in a number of meetings and forums on workforce planning and strategy, including the Australian Department of Health's National Medical Workforce Strategy and the Medical Education and Training annual dataset, the Victorian Medical Workforce Planning Advisory Group and the Queensland Medical Practitioner Workforce Plan.
- The college attended meetings with more than 10 of the 26 Regional Training Hubs around Australia, participated in a meeting of all hubs at the University of Newcastle (Tamworth campus) in May and in September hosted a meeting of the Southern Regional Training Hub Alliance stakeholder working group. Funded by the Australian Department of Health, the regional training hubs are key stakeholders in the development of rural training pathways.
- ANZCA staff attended regional committee meetings in NSW, Victoria, Western Australia, South Australia and Tasmania to provide updates on the Australian government-funded Specialist Training Program and regional and rural training priorities.
- ANZCA launched a program to profile a number of Australian and New Zealand regional centres and highlight the personal and professional benefits of working in rural and regional areas.
- College staff attended meetings of the Rural Locum Assistance Program steering committee in Canberra and the Specialist Training Program inter-college network meeting hosted by the Royal Australasian College of Surgeons in Melbourne.

WELLBEING OF FELLOWS AND TRAINEES

- The Trainee Wellbeing Project Group was formed to develop and implement recommendations proposed by the Trainee Wellbeing Working Group to improve products and services in trainee wellbeing. The group's work will contribute to the development of a doctors' health and wellbeing strategy.
- A Primary Exam Candidate Support Project Group was established to strengthen and provide a more sustainable format for supporting candidates who have failed the primary exam, in particular for those who have been unsuccessful after three or more attempts.
- The college successfully delivered and launched a series of mentoring videos available to fellows, trainees and SIMGs.
- The pilot of *PS43 Guideline on Fatigue Risk Management in Anaesthesia Practice* was released to highlight the importance of fatigue risk management in providing safe and effective perioperative care to patients.
- ANZCA worked closely with the Australian Society of Anaesthetists (ASA) and the New Zealand Society of Anaesthetists (NZSA) on the review and implementation of the "Long Lives Healthy Workplaces" toolkit to support the mental health and wellbeing of anaesthetists and anaesthetic trainees.
- The college's Gender Equity Position Statement was released, stating our commitment to advocate for gender equity. A Gender Equity Resource Kit was developed which contains useful tools and strategies for use by trainees, SIMGs and fellows.

- The college launched and endorsed the "ANZCA Panel Pledge" at the inaugural STEM breakfest at the ANZCA ASM. The pledge is an initiative to redefine men's role in taking action on gender inequality.
- ANZCA was a co-signatory of the United Nations' Women's Empowerment Principles Statement at the the International Medical Symposium in Auckland through the Tri-Nations Alliance.
- The new gender equity library guide enables members to keep track of the latest resources relevant to gender equity, including those resources available through the ANZCA library.
- ANZCA Council made a commitment to promote environmental sustainability by approving the development of a professional document on the issue and recommending the consideration of an approach to sustainability as an organisation.
- A Sustainability Working Group was established to assist council to realise its commitment by reporting to the Professional Affairs Executive Committee on the college's current and future approach to environmental sustainability within the organisation and the profession.

EXPANDING OPPORTUNITES

- The college has progressed the implementation of its Indigenous Health Strategy which is focused on addressing the significant disparities between the health and wellbeing of Indigenous and non-Indigenous people in Australia and New Zealand.
- Three Indigenous prevocational doctors from Wollongong, Darwin and Canterbury (New Zealand) were sponsored to attend the ASM in Kuala Lumpur.
- A new career and professional advice service for Indigenous medical students and prevocational doctors was established.
- An Indigenous new fellow was invited to attend the Emerging Leaders Conference in Kuala Lumpur which aims to foster and encourage future leaders in anaesthesia and pain medicine.
- The college worked closely with the National Aboriginal Community Controlled Health Organisation and Specialist Training Program sites to deliver Essential Pain Management to local Aboriginal health services in Darwin, Townsville and Bunbury.
- The college was a sponsor of the Te Ohu Rata o Aotearoa hui held during January in Porirua and a silver sponsor of the Australian Indigenous Doctors' Association (AIDA) in Darwin in October and participated in three workshops.
- College staff and fellows participated in the specialist medical colleges' stream of the annual Leaders in Indigenous Medical Education meeting in Christchurch in November.
- A new fund was established to provide financial support to Aboriginal, Torres Strait Islander and Māori trainees to attend regional trainee exam preparation courses.
- ANZCA Council approved the co-option of a Māori member of the Indigenous Health Committee to the ANZCA New Zealand National Committee.
- In New Zealand the college established a Māori Anaesthetists' Network Aotearoa for trainees and fellows.
- ANZCA staff held a National Reconciliation Week event at ANZCA House.

Dean's report

With “Pain in the Most Vulnerable” the theme of last year’s International Association for the Study of Pain’s (IASP) Global Year Against Pain many of us reflected on what we, as specialist pain medicine physicians, offer our patients in various care settings when they need it most.

The Faculty of Pain Medicine is still the only multidisciplinary academy for education and training in pain medicine and leads the world in the sociopsychobiomedical approach to curriculum and training program development.

2019 was another busy year for us with representatives from ANZCA and FPM New Zealand National Committees (NZNCs) attending advocacy meetings in Australia and New Zealand with state and federal governments.

In Australia, the faculty, along with other peak organisations, welcomed the Australian Government’s launch of the *National Strategic Action Plan for Pain Management* in June. Faculty fellows played a key role in developing the strategy with the government and other stakeholders and we have started work with other key groups to consider how the plan can be best implemented.

The New Zealand office staff have been progressing the advocacy for pain medicine nationally together with Professor Ted Shipton and current NZNC chair Dr Tipu Aamir and members of the ANZCA and FPM NZNCs. The distribution to stakeholders of the Sapere economic report on the cost of chronic pain in New Zealand resulted in extensive media coverage and a meeting with the Health Minister Dr David Clark. Several other meetings with government agencies and officials were also held.

The 2019 Annual Pain Medicine Symposium and Annual Scientific Meeting (ASM) in Kuala Lumpur in May was a great success thanks to the dedication and tireless efforts of our Tasmanian organising committee and faculty staff.

This was followed in October by the 2019 Spring Meeting held in Byron Bay. With its theme of cancer pain management the meeting was sold out with 162 delegates attending. It was a great weekend of collaboration around team approaches to pain management for patients and their families as they navigated their individual journeys with cancer and palliative care. High quality presentations by faculty fellows and specialists/researchers in palliative care and oncology along with colleagues from psychiatry, addiction medicine and psychology rounded out an excellent program.

The faculty continued to foster and strengthen collaborations in Australia and offshore. A heads of agreement was signed between the Hong Kong College of Anaesthesiologists and ANZCA/FPM during the 2019 Spring Meeting and the ANZCA International Liaison Group, on which I represent the faculty, is working towards stronger relationships with colleagues in China as well.

Working collaboratively with the ANZCA Council is essential for the overall success of our college and in 2019 the FPM board joined the July annual council retreat to strengthen relationships between the two leadership groups. A major outcome was the merging of the ANZCA and the FPM 2018-2022 strategic plans into one which will enable better visibility of the faculty’s goals and needs into the future.

In 2019 fellows Dr Geoff Speldewinde and Dr Harry Eeman were newly elected to the Board and Dr Newman Harris was re-elected for a three-year term. Dr Kylie Hall was elected as the new fellow to the board for a two year term. The Board welcomes them and looks forward to their contributions to the faculty leadership team.

Having board members from diverse backgrounds, genders and cultures, with knowledge of national and regional issues, the different regulatory environments of New Zealand and Australia, and occasionally bringing a specific skillset to the table, will best enable the faculty’s goals to be achieved.

Education and training continues to be a key focus of our work. I am pleased to report that the procedures in pain medicine project is progressing well with the launch of the position statement last year and development of the Procedures in Pain Medicine Clinical Care Standard now complete. This is an outstanding document which will add to the faculty’s reputation for producing high quality educational offerings. The *Procedures in pain medicine clinical care standard* was approved for the six month pilot phase at the October board meeting. This is a major deliverable of the Procedures in Pain Medicine Project which is also developing a procedures training pathway through the pain medicine training program and continuing professional development (CPD) resources for specialist pain medicine physicians who perform procedures.



“Having board members from diverse backgrounds, genders and cultures, with knowledge of national and regional issues... will best enable the faculty’s goals to be achieved.”

The FPM Learning and Development Committee has undertaken a review of the training program curriculum to ensure its accuracy and quality five years after the publication of the 2015 iteration. Updates to the curriculum will be implemented in two stages.

The Examinations Committee has also made changes to the Long Case assessment aiming to improve trainees’ experiences and learning opportunities. The suite of CPD offerings for fellows has also been enhanced by two new Emergency Response (ER) standards specifically for pain medicine, Acute Severe Behavioural Disturbance and Advanced Life Support for specialist pain medicine physicians.

Uptake of the Better Pain Management online education program by external health professionals continued to grow and our international outreach through the joint ANZCA/FPM Essential Pain Management program expanded in 2019 with workshops held in Myanmar and Vietnam.

Chronic pain and pain management continue to be a popular topic in the media. The ABC and *The Age* were announced in early 2019 as the joint winners of the 2018 ANZCA Media Award for reports on pain medicine.

Finally, the faculty would not be able to function without its hardworking and dedicated staff. There were a number of changes in 2019 with new staff members joining the team and others departing, most notably the faculty’s long-serving General Manager, Ms Helen Morris.

It is important to recognise our fellows and trainees and I thank them and the faculty staff for their support.

Dr Meredith Craigie
Faculty of Pain Medicine Dean

FPM Board



FPM Board, from left:

Dr Kieran Davis
Associate Professor Andrew Zacest
Professor Stephan Schug
Dr Kylie Hall (New Fellow Board member)
Dr Rodney Mitchell (ANZCA President)
Dr Meredith Craigie (Dean)
Dr Susie Lord
Dr Harold Eeman
Dr Newman Harris
Dr Melissa Viney
Dr Vanessa Beavis (ANZCA Council Representative and ANZCA Vice President)
Dr Geoffrey Speldewinde
Associate Professor Michael Vagg (Vice Dean)

FPM Strategic Plan 2018-2022



For the full version of the FPM Strategic Plan 2018-2022 visit http://fpm.anzca.edu.au/documents/fpm_strategic-plan-2018_20171009

GOAL 1:

EXPAND multi-disciplinary pain services across regional and metropolitan Australia and New Zealand.

ANZCA will LEAD the promotion of the professional identity of anaesthesia and pain medicine specialties and the development of an effective, integrated and collaborative perioperative care model.

ADVOCATE FOR INCREASED FUNDING FOR PAIN SERVICES

- Representatives from ANZCA and FPM New Zealand National Committees attended more than a dozen advocacy meetings over the year, mainly associated with the release of the FPM-commissioned Sapere health economic report on the cost of chronic pain in New Zealand. Meetings were held with the Minister of Health, Minister for Accident Compensation Corporation, district health board Chief Medical Officers, and the Chief Executives of Pharmac and Health Quality and Safety Commission.
- Twenty-four doctors commenced pain medicine training in 2019 and 18 doctors were admitted to fellowship. During the year the faculty awarded its 500th diploma.

WORK WITH CONSUMER GROUPS TO DRIVE GROWTH IN PAIN SERVICES

- The faculty collaborated with NPS MedicineWise to develop universal opioid education animated videos to support a public education campaign.
- Consumer representation was maintained on the Training and Assessment Executive Committee and Professional Affairs Executive Committee and provided valuable insights.
- ANZCA and FPM maintained category A membership of Painaustralia with a position on their board.

COLLABORATE TO DEVELOP A MODEL OF CARE TO IMPROVE INTEGRATION OF SPECIALIST AND PRIMARY CARE SERVICES

- Along with Australia's other peak pain organisations, the faculty welcomed the Federal Government's launch of the *National Strategic Action Plan for Pain Management* in June 2019. Faculty fellows played a key role in developing the strategy with the government and other stakeholders. The faculty has started work with other key groups to consider how the plan could best be implemented.
- FPM Dean Dr Meredith Craigie attended a number of regional and national committee meetings during the year to understand issues at a local level and to discuss strategic issues with fellows.

GOAL 2:

POSITION FPM as the trusted source of expertise in addressing the societal impact/problem of pain.

We actively shape policy and practice in addressing pain issues and provide trusted advice to stakeholders throughout the community.

CONSUMER AND MEDIA OUTREACH

- Seven FPM media releases were distributed reaching millions of readers and listeners across print, broadcast and digital platforms aimed at promoting pain medicine. The releases highlighted FPM's position on issues such as chronic pain, opioid use, multi-disciplinary approaches to pain management and recognition of cancer pain and profiled faculty fellows in Australia and New Zealand. FPM fellows attracted strong media coverage across national TV and radio programs in Australia and New Zealand – including *The Age*, *The Sydney Morning Herald*, ABC regional and national radio programs, SBS and Radio New Zealand.
- ANZCA's Facebook page promoted faculty news and events, as well as advertising Better Pain Management.

ENGAGE WITH KEY POLICY MAKERS

- ANZCA staff and fellows attended meetings with the Ministry of Health, Medsafe, Council of Medical Colleges (CMC), Medical Council of New Zealand (MCNZ), Medical Practitioners Policy Forum, CMC Policy Group, Interagency Health Equity hub and the Health Practitioners Policy Forum. The CEO of the MCNZ and senior advisors attended the ANZCA New Zealand National Committee meeting in June.
- Following the launch of the National Strategic Action Plan for Pain Management, the FPM Dean and ANZCA President met with jurisdictional representatives in NSW, the Northern Territory and Queensland to discuss how to implement the plan.
- A meeting was held between the dean, chair of the Victorian Regional Committee and Victorian Upper House MP Fiona Patten in July to discuss the inquiry into minimising the harm of the cannabis use in the community. The faculty highlighted its role in developing, disseminating and evaluating clinical practice guidelines in pain medicine based on evidence.

PROFESSIONAL PRACTICE IN PAIN MEDICINE

- The *PM10 Statement on "Medicinal Cannabis" with particular reference to its use in the management of patients with chronic non-cancer pain* was reviewed and updated.
- The *PM11: Procedures in Pain Medicine Clinical Care Standard* was approved as a new professional document for a six-month pilot period.
- Following the introduction of the *Procedures in Pain Medicine Clinical Care Standard* the following professional documents were withdrawn: *PM03: Lumbar epidural administration of corticosteroids*, *PM06: Guidelines for long term intrathecal infusions (Analgesics/adjuvants/antispasmodics)*, *PM09: Neuromodulation (Spinal cord stimulation) in the management of patients with chronic pain and the guideline Conduct of diagnostic cervical and lumbar medial branch blocks*.
- A new emergency response standard for the ANZCA and FPM CPD Program was developed for introduction into the CPD program for 2020. The new standard is "Cardiac arrest for specialist pain medicine physicians (SPMP)". This is the second emergency response standard developed for specialist pain medicine physicians.
- The structure of the FPM Board was reviewed to best drive the strategic initiatives over the coming years. This review will be undertaken in conjunction with a review of faculty staffing to ensure the future needs of faculty will be met.

GOAL 3:

DEVELOP our role as a world leader in pain medicine research

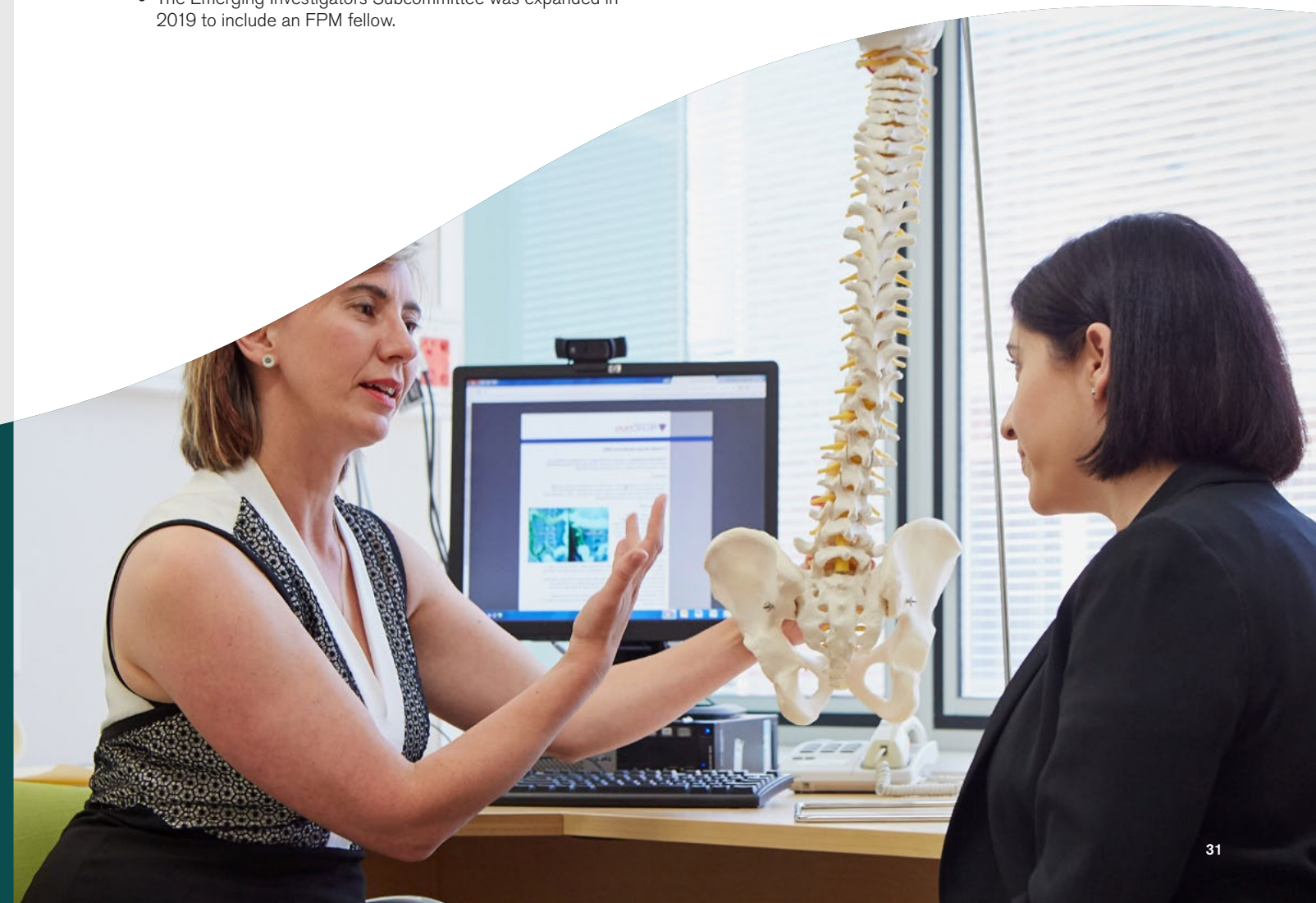
Research and researchers are nurtured, supported and funded across Australia and New Zealand.

PAIN MEDICINE RESEARCH NETWORK

- Successful pain medicine research grants included the John Boyd Craig Award which was awarded to Dr Philip Finch for his grant *Molecular evidence of chronic inflammation in complex regional pain syndrome*.
- A strategic workshop of the Research and Innovation Committee was held in October. The Research and Innovation Committee reviewed *PM01: Recommendations regarding the use of Opioid Analgesics in patients with chronic Non-Cancer Pain* appendix 2 with regard to the equianalgesic ratio for tapentadol. The review found that there is consistency in published data in the equianalgesic ratio between oxycodone and tapentadol at a 1 to 5 ratio. There is evidence supporting a 1 to 3.3 relationship between morphine and tapentadol. *PM01: Recommendations regarding the use of Opioid Analgesics in patients with chronic Non-Cancer Pain* has been updated accordingly.
- Following this change to *PM01: Recommendations regarding the use of Opioid Analgesics in patients with chronic Non-Cancer Pain*, the Opioid Calculator App and websites were updated.

EMERGING RESEARCHERS IN PAIN MEDICINE

- The Emerging Investigators Subcommittee was expanded in 2019 to include an FPM fellow.



GOAL 4:

Enhance the suite of FPM educational offerings in Australia, New Zealand and internationally

Our learning opportunities are highly sought after with engaged fellows participating in program development and delivery.

TARGETED LEARNING OPPORTUNITIES

- Throughout 2019, the FPM regional and national committees continued to actively meet and to convene local continuing medical education events. Australian and New Zealand committee representatives attended the Professional Standards Committee and Scientific Meetings Committee to facilitate communication and broaden input into faculty initiatives.
- The FPM ASM program and FPM Symposium in Kuala Lumpur were successfully delivered with 95 delegates attending the latter. Presentations were made available via the Virtual ASM.
- The 2019 FPM Spring meeting in Byron Bay sold out several weeks prior to the conference with 162 delegates attending. The meeting explored different angles of cancer pain management.
- A pre-approval process has been developed to allow more pain medicine units who are not accredited for training have a trainee in the Practice Development Stage (second year) work with them.
- Pain medicine units that are not accredited for pain medicine training but who wish to recruit trainees for the practice development stage are able to seek prospective approval to appoint a trainee.
- Acute severe behavioural response emergency response workshops were held by regional/national committees, at the ASM and at the FPM Spring Meeting. The workshops were held following the launch of the first pain medicine specific emergency response standard for the ANZCA and FPM CPD Program.
- A partial review of the pain medicine curriculum was undertaken by the Learning and Development Committee to ensure it remains current. Sections 1, 2 and 3.1 have been updated for the beginning of the 2020 hospital employment year.
- Twenty-seven candidates successfully completed the fellowship examination in 2019. The Barbara Walker Prize for excellence was awarded to Dr Dana Weber (WA) and merit awards were presented to Dr Tze Chow Chow (VIC), Dr Ramsey Jabbour (NSW) and Dr Gloria Seah (VIC).
- The Examination Committee has continued its review of the summative assessment structure of the training program following feedback gathered via the 2015-2017 evaluation strategy. Changes will be implemented to the delivery of the long case assessment process for 2020.
- The Procedures Training Pathway Working Group and Procedures Post-Fellowship Strategy Working Group have been progressing the development of initiatives to support this key strategic initiative of the faculty. This will continue to be a focus of faculty resources in 2020.

LEARNING OPPORTUNITIES FOR FELLOWS AND EXTERNAL HEALTH PROFESSIONALS

- Uptake of the Better Pain Management online education program by external health professionals continued to grow.
- Updated modules for the Better Pain Management Program which are less specific to Australia and New Zealand will be added to the LEARN platform of WedMD from early 2020 to allow access to the education from an international audience.
- Essential Pain Management workshops were held for Indigenous health workers following funding support from the Australian government.

Honorary treasurer's report

I am pleased to present the treasurer's report for the calendar year 2019 which highlights the financial performance of ANZCA. In doing so, I would like to thank my fellow ANZCA councillors, ANZCA staff particularly both the retiring and incoming chief executive officers; executive director of corporate services (as well as the finance staff); the Finance, Audit and Risk Management (FARM) Committee and; Investment Sub-Committee members for their work and commitment to ensuring the ongoing success of the college.

The annual financial statements of the college (including the New Zealand office) have been reviewed by the college's external auditors; ANZCA Council and the FARM Committee.

2019 overview

In summary, in 2019 there is a continuance of the sound financial performance and position of the college. The headline figures are an operational surplus of \$0.310 million and a consolidated surplus of \$3.967 million, due in part to the recovery of global equity markets during the year resulting in the investment portfolio experiencing a strong return during 2019.

The results also include:

- ANZCA Research Foundation grants and awards of almost \$1.577 million.
- Impacts of changes to key leadership positions.
- Write off of \$528k of impaired assets.
- Positive impact of increased applicants for first final exam and FPM final exam.

The balance of funds within the college remains strong, representing the college's net worth of \$31.619 million (2018: \$31.441 million), an increase of \$0.178 million over 2018. The college continues to have no need for borrowings and is able to rely on operating surpluses and investment earnings to finance operations; fund approved capital projects and; other expenditure.

Statement of comprehensive income

In 2019, total revenue from operating activities was \$40.243 million (\$38.717 million in 2018).

Key areas of revenue for the college were:

- Subscriptions and entry fees of \$12.733 million.
- Registrations, training and examination fees of \$11.490 million.
- Conference and course income of \$5.893 million.
- Federal government funding for the STP of \$7.709 million.

Overall operating expenditure totalled \$39.933 million which is a decrease of 0.5 per cent from 2018 (\$40.142 million), leaving an operating surplus of \$0.310 million (compared to deficit of \$1.425 million in 2018).

Higher income has been generated from increased candidates participating in the first final exam and the FPM final exam. Additionally there was higher attendance at various SIGs, the FPM Spring Meeting and an increase in fellows and trainees compared to prior year.

At the same time, lower operating expenditures were incurred as a numbers of positions were vacant or made redundant during the year resulting in lower employment costs. In line with the approved budget there were no major projects carried out in 2019 compared to 2018 whereby the college spent \$1.474 million to enhance the Training Portfolio System (TPS). Offsetting some of the savings was an increase in travel and events costs due to the Annual Scientific Meeting being held in Kuala Lumpur, Malaysia and higher attendance at various SIGs and FPM Spring Meeting.

The college has impaired \$528k of intangible assets at the end of the year after carrying out its annual review. These intangible assets were impaired predominantly due to technological change.

In 2019 the college's investment portfolios ended the year up with the global equity markets recovering from the sell-down during the December quarter of 2018. The college's investments yielded a return of approximately 14.2 per cent (1.2 per cent return in 2018). The invested funds of \$23.142 million are the result of prudent financial management over a number of years assisted by the college's investment managers, JB Were and the Investments Sub-Committee of FARM. The overall investment income (including market movement) for the college delivered a return of \$3.656 million (compared with a return of \$29,000 in 2018). Income from these investments, combined with member contributions, contributes to the ANZCA Research Foundation's ability to support research.

After taking into account the investment income, and a minor exchange rate gain on transactions with New Zealand, the college recorded a consolidated surplus of \$3.973 million (compared with a \$1.395 million deficit in 2018).

In 2019, the college has adopted two new accounting standards being:

- AASB 15: *Revenue from Contracts with Customers* which resulted in some income being deferred and

recognised over time when the college satisfies the performance obligations by transferring the promised services to its fellows and trainees.

- AASB 16: *Leases* which resulted in operating leases being accounted for on-balance sheet similar to accounting for finance leases under the old standard. This has resulted in the college taking up right of use assets (ROU) and corresponding lease liabilities. Rental expenses being replaced with depreciation charge for the ROU assets and an interest expense on remaining lease liabilities. Note that the interest expense is an accounting entry only and the college does not pay interest to any organisation or Landlord in relation to Leases.

The impact of these two new accounting standards have been detailed in Note 2 to the financial statements in the financial report.

Statement of financial position

Over the year, the net assets of the college increased by the value of the consolidated surplus of \$3.973 million less adjustments related to the adoption of AASB 15 of \$3.795 million resulting in net asset of \$31.619 million (compared with \$31.441 million at the end of 2018).

Statement of changes in equity

Total equity for the year increased by \$178k to \$31.619 million. This arose from the net effect of the total comprehensive surplus of \$3.973 million less adjustments related to the adoption of AASB 15 of \$3.795 million.

Statement of cash flows

The college traditionally generates positive cash flows from operating activities. In 2019, the college generated \$3.330 million (2018: \$6.577 million) of cash flow from operating activities. The lower amount can be attributed to STP. The college received 2019 STP grants at the end of 2018 while invoices from participating hospitals were not received until 2019.

2020 budget overview

The 2020 budget has been developed taking into consideration a number of key strategic initiatives and projects that support the delivery of the ANZCA business plan and the second year of the ANZCA Strategic Plan for 2018-22.

Each year the forthcoming annual budget is guided by agreed budget parameters with the objective of delivering a small operating surplus.

The budget also factors in an approved level of investment in important capital projects to further enhance the delivery of services to fellows and trainees, as well as capital expenditure to improve buildings and facilities to mitigate future repair costs.

Subsequent to year end, the global outbreak of COVID-19 has the following impacts on the college:

- The college has cancelled the 2020 ANZCA Annual Scientific Meeting as well as the preceding Emerging Leaders Conference, FPM Symposium and Perioperative Medicine Special Interest Group meeting to be held in Perth.
- The college has had to postpone the final and primary vivas.
- The college has had to postpone its SIG meetings to 2021 and cancelled its CME meetings.
- The investment portfolio held by the college has been subject to significant volatility since the global sell down in the equity market as a result of the global outbreak.

Due to the impact of COVID-19, the college anticipates that it will not meet the approved 2020 budget. The full financial impact of the crisis is yet to be determined however the college is working with suppliers to minimise the financial and operational impact. The college has sufficient cash reserves to meet all short- and long-term commitments.

Conclusion

The financial wellbeing of the college underpins its position in the current health environment. Prudent financial management and sound business planning has allowed the college to maintain the everyday running of the college

In closing, on behalf of ANZCA Council, I would like to acknowledge the significant pro bono contributions of fellows and to also thank the staff of the college under the leadership of our Chief Executive Officer, Mr Nigel Fidgeon and the previous Chief Executive Officer, Mr John Ilott. It has been another busy and successful year for the college, which continues to maintain a sound financial basis for service to the trainees, fellows and the community.

Dr Sean McManus
Honorary Treasurer, ANZCA



Discussion and analysis of the financial statements extract

INFORMATION ON THE ANZCA FINANCIAL REPORT

The financial statements and disclosures in this report have been extracted from the full audited financial report of the Australian and New Zealand College of Anaesthetists (ANZCA) for the year ended December 31, 2019, prepared in accordance with Australian Accounting Standards.

This discussion and analysis is provided to assist the members in understanding the financial information presented. A copy of the full financial report and auditor's report can be obtained via the ANZCA website or by contacting ANZCA.

The college is a Company Limited by Guarantee that has no share capital and declares no dividends. The college is exempt from income tax pursuant to section 50-5 of the Income Tax Assessment Act 1997.

All amounts are stated in Australian dollars.

FINANCIAL STATEMENTS EXTRACT

Statement of profit or loss and other comprehensive income for the year ended December 31, 2019

	2019 \$	2018 \$
Revenue		
Subscriptions and entry fees	12,733,253	12,111,784
Registrations, training and exam fees	11,489,803	10,371,918
Conference and course fees	5,893,407	6,187,549
Specialist training program grant	7,709,130	7,695,360
Other income	2,417,610	2,350,406
Total revenue from operating activities	40,243,203	38,717,017
Expenses		
Employment	15,390,530	15,499,916
Facilities	2,648,800	2,693,827
Travel and events	7,473,728	6,981,138
Information technology	3,334,613	3,819,042
Professional services	1,413,084	1,388,821
Research grants	1,577,442	1,615,321
Specialist training program employment and rural loading	6,986,695	7,021,935
Finance costs	55,450	-
Other expenses	1,052,646	1,121,876
Total expenses from operating activities	39,932,988	40,141,876
Deficit before non-operating activities	310,215	(1,424,859)
Income from non-operating activities		
Investment income	3,656,583	29,250
(Deficit)/Surplus for the year	3,966,798	(1,395,609)
Other comprehensive income		
<i>Items that may be reclassified to profit or loss</i>		
Exchange differences on translation of foreign operations	5,766	679
Total comprehensive income for the year	3,972,564	(1,394,930)

Statement of financial position as at December 31, 2019

	2019 \$	2018 \$
ASSETS		
Current assets		
Cash and cash equivalents	18,947,347	18,361,122
Trade and other receivables	2,452,739	15,081,545
Other financial assets	2,013,465	230,175
Total current assets	23,413,551	33,672,842
Non-current assets		
Property and office equipment and cultural assets	12,901,517	11,431,572
Intangible assets	1,928,878	3,810,006
Other financial assets	23,142,164	19,815,355
Total non-current assets	37,972,559	35,056,933
Total assets	61,386,110	68,729,775
LIABILITIES		
Current liabilities		
Trade and other payables	12,761,530	15,221,797
Other liabilities	10,998,597	20,941,626
Provisions	719,387	939,154
Lease liabilities	414,605	-
Total current liabilities	24,894,119	37,102,577
Non-current liabilities		
Contract liability	3,238,360	-
Provisions	263,494	185,995
Lease liabilities	1,371,305	-
Total non-current liabilities	4,873,159	185,995
Total liabilities	29,767,278	37,288,572
Net assets	31,618,832	31,441,203
EQUITY		
Retained earnings	31,097,084	30,925,221
Foreign currency translation reserve	230,591	224,825
Asset revaluation reserve	291,157	291,157
Total equity	31,618,832	31,441,203

Statement of changes in equity for the year ended December 31, 2019

	Retained earnings \$	Foreign currency translation reserve \$	Assets revaluation reserve \$	Total \$
Balance at January 1, 2018	32,320,830	224,146	291,157	32,836,133
Deficit for the year	(1,395,609)	-	-	(1,395,609)
Currency translation differences arising during the year	-	679	-	679
Total comprehensive income for the year	(1,395,609)	679	-	(1,394,930)
Balance at December 31, 2018	30,925,221	224,825	291,157	31,441,203
Adjustment from the adoption of AASB 15	(3,794,935)	-	-	(3,794,935)
Adjusted balance at 1 January 2019	27,130,286	224,825	291,157	27,646,268
Surplus for the year	3,966,798	-	-	3,966,798
Currency translation differences arising during the year	-	5,766	-	5,766
Total comprehensive income for the year	3,966,798	5,766	-	3,972,564
Balance at December 31, 2019	31,097,084	230,591	291,157	31,618,832

Contact information

AUSTRALIAN AND NEW ZEALAND COLLEGE OF ANAESTHETISTS

ANZCA House, 630 St Kilda Road,
Melbourne Vic 3004, Australia

+61 3 9510 6299
ceo@anzca.edu.au
www.anzca.edu.au

Faculty of Pain Medicine

ANZCA House, 630 St Kilda Road,
Melbourne Vic 3004, Australia

+61 3 8517 5337
fpm@anzca.edu.au
www.fpm.anzca.edu.au

New Zealand office

PO Box 25506, Wellington 6140, New Zealand

Level 7, Dell EMC House, 5 Willeston Street,
Wellington 6011, New Zealand

+64 4 499 1213
anzca@anzca.org.nz
www.anzca.org.nz

Australian regional offices

Australian Capital Territory

Suite 13, 18 National Circuit, Barton ACT 2600

+61 2 6221 6003
act@anzca.edu.au
www.act.anzca.edu.au

New South Wales

117 Alexander Street, Crows Nest Nsw 2065

+61 2 9966 9085
nsw@anzca.edu.au
www.nsw.anzca.edu.au

Queensland

West End Corporate Park, River Tower,
20 Pidgeon Close, West End Qld 4101

+61 7 3846 1233
qld@anzca.edu.au
www.qld.anzca.edu.au

South Australia and Northern Territory

168 Ward Street, North Adelaide SA 5006

+61 8 8239 2822
sa@anzca.edu.au
www.sant.anzca.edu.au

Tasmania

PO Box 3147, West Hobart Tas 7000

+61 3 6231 5471
tas@anzca.edu.au
www.tas.anzca.edu.au

Victoria

ANZCA House, 630 St Kilda Road, Melbourne Vic 3004

+61 3 8517 5313
vic@anzca.edu.au
www.vic.anzca.edu.au

Western Australia

20/127 Herdsman Parade, Wembley WA 6014

+61 8 6188 4555
wa@anzca.edu.au
www.wa.anzca.edu.au

